

## Lecture 13

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### Fidelity of two states

Begin w/ pure-state fidelity.

Suppose we input  $|+\rangle$  into a protocol  
+ it instead outputs  $| \phi \rangle$ :

Ideal:  $|+\rangle^A \rightarrow [I_{A \rightarrow B}] \rightarrow |+\rangle^B$

Actual:  $|+\rangle^A \rightarrow [\text{Protocol}] \rightarrow | \phi \rangle^B$

The pure-state fidelity is equal to the probability that  $| \phi \rangle$  would pass a test for being  $|+\rangle$ :

$$F(|+\rangle, | \phi \rangle) = |\langle + | \phi \rangle|^2$$

Thus,  $0 \leq F(|+\rangle, | \phi \rangle) \leq 1$

0 if states are orthogonal +  
1 if they are the same

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Now suppose output of protocol is a mixed state  $\rho$ . Can think of  $\rho$  as arising from an ensemble  $\{\rho(x), |\phi_x\rangle\}$

Then fidelity is average fidelity:

$$\begin{aligned} F(|\psi\rangle, \rho) &= \mathbb{E}_x \left\{ |\langle \psi | \phi_x \rangle|^2 \right\} \\ &= \sum_x p(x) |\langle \psi | \phi_x \rangle|^2 \\ &= \sum_x p(x) \langle \psi | \phi_x \rangle \langle \phi_x | \psi \rangle \\ &= \cancel{\langle \psi |} \left( \sum_x p(x) |\phi_x\rangle \langle \phi_x| \right) \cancel{\psi} \\ &= \langle \psi | \rho | \psi \rangle \end{aligned}$$

(It is the same regardless of the decomposition of  $\rho$ .)

$\langle \psi | \rho | \psi \rangle$  is 0 when support of  $\rho$  is orthogonal to  $|\psi\rangle$

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Most general form of fidelity for two mixed states  $\rho^A + \sigma^A$  borrow idea of pure-state fidelity as overlap of pure states, but instead take purifications  $|\phi_\rho\rangle^{RA} + |\phi_\sigma\rangle^{RA}$

$$F(\rho, \sigma) = \max_{|\phi_\rho\rangle^{RA}, |\phi_\sigma\rangle^{RA}} |\langle \phi_\rho | \phi_\sigma \rangle|^2$$

all purifications are the same up

to unitaries on the reference

$$\begin{aligned} F(\rho, \sigma) &= \max_{U_\rho^R, U_\sigma^R} |\langle \phi_\rho | (U_\rho^\dagger)^R \otimes I^A (U_\sigma^R \otimes I^A) | \phi_\sigma \rangle|^2 \\ &= \max_{U_\rho^R, U_\sigma^R} |\langle \phi_\rho | (U_\rho^\dagger U_\sigma)^R \otimes I^A | \phi_\sigma \rangle|^2 \end{aligned}$$

$U_\rho^\dagger U_\sigma$  is just a single unitary, so

$$\therefore F(\rho, \sigma) = \max_{U^R} |\langle \phi_\rho | U^R \otimes I^A | \phi_\sigma \rangle|^2$$

Uhlmann fidelity

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### Uhlmann's Theorem

$$F(\rho, \sigma) = \max_U |\langle \phi_\rho | U^R \otimes I^A | \phi_\sigma \rangle^{RA}|^2 \\ = \|\sqrt{\rho} \sqrt{\sigma}\|^2$$

Recall:

$$\|A\|_1 = \text{Tr} \{\sqrt{AA^\dagger}\}$$

Proof: Suppose  $\rho$  has spectral decomposition

$$\rho = \sum_x p(x) |x\rangle\langle x|$$

$$\therefore \|\sqrt{\rho} \sqrt{\sigma}\|^2$$

$$= \text{Tr} \{ \sqrt{\sqrt{\rho} \sqrt{\sigma} \sqrt{\rho}} \}^2 \\ = \text{Tr} \{ \sqrt{\sqrt{\rho} \sigma \sqrt{\rho}} \}^2$$

can check that a purification of  $\rho$  is

$$|\phi_\rho\rangle \equiv \sqrt{d} (I^R \otimes \sqrt{\rho}^X) |\Phi^+\rangle^{RX}$$

$$\text{where } |\Phi^+\rangle^{RX} \equiv \frac{1}{\sqrt{d}} \sum_i |i\rangle^R |i\rangle^X$$

Similarly,

$$|\phi_\sigma\rangle \equiv \sqrt{d} (I^R \otimes \sqrt{\sigma}^X) |\Phi^+\rangle^{RX}$$

(holds regardless  
of basis of  $\sigma$ )

Let  $U^{*R}$  be the maximizing unitary  
then

$$F(\rho, \sigma) = |\langle \phi_\rho | (U^*)^R \otimes I | \phi_\sigma \rangle|^2$$

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$$= |d \langle \phi^+ | R^* (U^*)^R \otimes \sqrt{p}^x \sqrt{\sigma}^x | \oplus^+ \rangle^{Rx}|^2$$

$$= \left| \sum_i \langle i | R^* (U^*)^R \otimes (\sqrt{p} \sqrt{\sigma})^x \sum_j | j \rangle^R | j \rangle^x \right|^2$$

$$= \left| \sum_{i,j} \langle i | R^* (U^*)^R \otimes (\sqrt{p} \sqrt{\sigma} (U^*)^T)^x | j \rangle^R | j \rangle^x \right|^2$$

$$= \left| \sum_{i,j} \langle i | j \rangle^R \langle i | \times I^R \otimes (\sqrt{p} \sqrt{\sigma} (U^*)^T)^x | j \rangle^x \right|^2$$

$$= \left| \sum_i \langle i | \times \sqrt{p} \sqrt{\sigma} (U^*)^T | i \rangle^x \right|^2$$

$$= \left| \operatorname{Tr} \{ \sqrt{p} \sqrt{\sigma} (U^*)^T \} \right|^2 \quad (?)$$

Aside: Every operator  $A$  has a

"right polar decomposition"

$$A = \sqrt{AA^T} V = |A| V$$

(Analogous to  
 $z = re^{i\theta}$ )

Proof: Follows from SVD

$$\text{Suppose } A = U_1 D U_2$$

$$\therefore AA^T = U_1 D U_2 U_2^T D^T U_1^T$$

$$= U_1 D^2 U_1^T$$

$$\therefore \sqrt{AA^T} = U_1 D U_1^T$$

can take  $V$  as  $U_1$   ~~$\otimes$~~   $U_2$

~~not all right polar decompositions are necessary~~

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Lemma:  $|\text{Tr}\{\mathcal{A}U\}| \leq \text{Tr}\{|A|\}$

w/ saturation when  $U=V^+$  where  $A=|A|/V$

Proof:  $|\text{Tr}\{\mathcal{A}U\}| = |\text{Tr}\{|A|VU\}|$

$$\begin{aligned} &= |\text{Tr}\{|A|^{1/2}|A|^{1/2}VU\}| \leftarrow \text{This is trace inner product} \\ &\leq \sqrt{\text{Tr}\{|A|\}} \text{Tr}\{U^+V^+|A|UV\} \\ &= \text{Tr}\{|A|\} \end{aligned}$$

$\text{Tr}\{X+Y\} \leq \sqrt{\text{Tr}\{X^2\}} + \sqrt{\text{Tr}\{Y^2\}}$

going back, (back to (\*))

$$\begin{aligned} &|\text{Tr}\{\sqrt{\rho}\sqrt{\sigma}(U^*)^T\}|^2 \\ &\leq \text{Tr}\{|\sqrt{\rho}\sqrt{\sigma}|^2\} \\ &= \|\sqrt{\rho}\sqrt{\sigma}\|^2 \end{aligned}$$

maximizing unitary is from right polar decomposition of  $\sqrt{\rho}\sqrt{\sigma}$

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## Properties of Fidelity

Symmetry:  $F(\rho, \sigma) = F(\sigma, \rho)$

evident from  $\|\sqrt{\rho}\sqrt{\sigma}\|_1^2$  or

$$\max_{U^R} |\langle \phi_\rho | U^R | \phi_\sigma \rangle|^2$$

### Monotonicity:

$$F(\rho^{AB}, \sigma^{AB}) \leq F(\rho^A, \sigma^A) \quad \begin{matrix} \text{higher fidelity} \\ \Leftrightarrow \text{less} \\ \text{distinguishable} \end{matrix}$$

Let  $|Y\rangle^{RAB}$  be a purification of  
 $\rho^{AB} + \rho^A$

Let  $|\psi\rangle^{RAB}$  be a purification of  
 $\sigma^{AB} + \sigma^A$

then  $F(\rho^{AB}, \sigma^{AB}) = \max_{U^R \otimes I^A} |\langle Y |^{RAB} (U^R \otimes I^A) |\psi\rangle^{RAB}|^2$

$$F(\rho^A, \sigma^A) = \max_{U^{RB} \otimes I^A} |\langle Y |^{RAB} (U^{RB} \otimes I^A) |\psi\rangle^{RAB}|^2$$

↑  
this maximization is inclusive of the prior one

$$\text{thus, } F(\rho^A, \sigma^A) \geq F(\rho^{AB}, \sigma^{AB})$$

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## Relationship between Trace Distance + Fidelity

$$1 - \sqrt{F(\rho, \sigma)} \leq \frac{1}{2} \|\rho - \sigma\|_1 \leq \sqrt{1 - F(\rho, \sigma)}$$

Suppose  $F(\rho, \sigma) \geq 1 - \epsilon$  (two states are very similar)

Then  $\epsilon \geq 1 - F(\rho, \sigma)$

~~REASON~~

$$\therefore \sqrt{\epsilon} \geq \sqrt{1 - F(\rho, \sigma)}$$

$$\therefore \|\rho - \sigma\|_1 \leq 2\sqrt{\epsilon} \quad (\text{trace distance should be small})$$

Similarly, suppose  $\|\rho - \sigma\|_1 \leq \epsilon$

$$\therefore 1 - \sqrt{F(\rho, \sigma)} \leq \frac{1}{2}\epsilon$$

$$\therefore \sqrt{F(\rho, \sigma)} \geq 1 - \frac{1}{2}\epsilon$$

$$\therefore F(\rho, \sigma) \geq (1 - \frac{1}{2}\epsilon)^2$$

$$= 1 - \epsilon + \frac{1}{4}\epsilon^2$$

$$\geq 1 - \epsilon$$

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Let's prove  $\frac{1}{2} \| \rho - \sigma \|_1 \leq \sqrt{1 - F(\rho, \sigma)}$

Consider  $\rho + \sigma$  pure

Suppose  $|+\rangle + |\phi\rangle$  where

$$|\phi\rangle = \cos(\theta) |+\rangle + e^{i\varphi} \sin\theta |+\rangle$$

$$\text{where } |+\rangle = \underbrace{(I - |+\rangle\langle+|)}_{\text{normalization}} |\phi\rangle$$

Fidelity is then

$$K\phi|+\rangle^2 = \cos^2\theta$$

consider  $|\phi\rangle\langle\phi|$

$$|\phi\rangle\langle\phi| = \begin{bmatrix} \cos^2\theta & e^{-i\varphi} \sin\theta \cos\theta \\ e^{i\varphi} \sin\theta \cos\theta & \sin^2\theta \end{bmatrix} \text{ in basis } \{|+\rangle, |+\rangle\}$$

$$\therefore |+\rangle\langle+| - |\phi\rangle\langle\phi|$$

$$= \begin{bmatrix} 1 - \cos^2\theta & -e^{-i\varphi} \sin\theta \cos\theta \\ e^{i\varphi} \sin\theta \cos\theta & -\sin^2\theta \end{bmatrix}$$

eigenvalues are  $|\sin\theta| + -|\sin\theta|$

$$\therefore \| |+\rangle\langle+| - |\phi\rangle\langle\phi| \|_1 = 2|\sin\theta|$$

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consider that

$$\left(\frac{2|\sin\theta|}{2}\right)^2 = 1 - \cos^2\theta$$

$$\therefore \left(\frac{\| |\Psi\rangle\langle\Psi| - |\Phi\rangle\langle\Phi| \|_1}{2}\right)^2 = \sqrt{1 - F(|\Psi\rangle, |\Phi\rangle)}$$

To prove bound for mixed states  $\rho + \sigma$ ,  
choose purifications  $|\Phi_\rho\rangle + |\Phi_\sigma\rangle$  such that

$$F(\rho^A, \sigma^A) = |\langle\Phi_\sigma | \Phi_\rho\rangle|^2 = F(|\Phi_\rho\rangle^{RA}, |\Phi_\sigma\rangle^{RA})$$

Then

$$\frac{1}{2} \|\rho^A - \sigma^A\|_1 \leq \frac{1}{2} \|\Phi_\rho^{RA} - \Phi_\sigma^{RA}\|_1.$$

$$= \sqrt{1 - F(|\Phi_\rho\rangle^{RA}, |\Phi_\sigma\rangle^{RA})}$$

$$= \sqrt{1 - F(\rho^A, \sigma^A)}$$

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## Application: Gentle Measurement

(form of information-disturbance trade-off)

Lemma: Consider  $\rho + \Lambda$  such that  $0 \leq \Lambda \leq I$ .

$$\text{Suppose } \text{Tr}\{\Lambda\rho\} \geq 1 - \epsilon \quad (*)$$

where  $1 \geq \epsilon > 0$ .

post-measurement state is

$$\rho' = \frac{\sqrt{\Lambda}\rho\sqrt{\Lambda}}{\text{Tr}\{\Lambda\rho\}}.$$

(\*) implies that measurement barely changes the state, in the sense that

$$\|\rho - \rho'\|_1 \leq 2\sqrt{\epsilon}$$

Proof: First suppose  $\rho$  is pure  $|+\rangle\langle +|$

Post-measurement state is

$$\frac{\sqrt{\Lambda}|+\rangle\langle +|\sqrt{\Lambda}}{|+\rangle\langle +| \Lambda |+\rangle}$$

Fidelity between this state and original is

$$\langle +| \left( \frac{\sqrt{\Lambda}|+\rangle\langle +|\sqrt{\Lambda}}{|+\rangle\langle +| \Lambda |+\rangle} \right) |+\rangle$$

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$$\begin{aligned} &= \frac{|\langle + | \sqrt{\mathcal{I}} | + \rangle|^2}{\langle + | - \rangle} \\ &\geq \frac{|\langle + | - \rangle|^2}{\langle + | - \rangle} \quad (\sqrt{\mathcal{I}} \geq \mathcal{I} \text{ when } - \leq \mathcal{I}) \\ &= \langle + | - \rangle \\ &= \text{Tr}\{ - | + \rangle \langle + | \} \geq 1 - \epsilon \end{aligned}$$

Now consider mixed states

$\rho^A + \rho'^A$  Let  $|+\rangle^{RA} + |+\rangle'^{RA}$  be purifications

$$|+\rangle'^{RA} = \frac{\mathcal{I}^R \otimes \sqrt{\mathcal{I}}^A |+\rangle^{RA}}{\langle + |^{RA} \mathcal{I}^R \otimes \mathcal{I}^A | + \rangle^{RA}}$$

$$\therefore F(\rho^A, \rho'^A) \geq F(|+\rangle^{RA}, |+\rangle'^{RA}) \quad (\text{monotonicity})$$

$$\geq 1 - \epsilon$$

$$\|\rho^A - \rho'^A\| \leq 2\sqrt{\epsilon} \quad \text{by}$$

relationship between trace distance  
& fidelity.  $\square$

There are other useful variations of  
this lemma